

# ADVANCED CERTIFICATE IN MENTAL HEALTH COUNSELING



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Our advanced certificate in mental health counseling focuses on providing you with the necessary skills to transform the lives of your clients and advance your career goals. In this program you can examine issues including aging, bullying, careers, depression, relationships, self-harm, self-image, stress and substance abuse. You will learn how to encourage clients to discuss emotions and experiences, define goals, develop action plans and therapeutic processes that work for each individual or group.

### You will complete the program with:

- > Multicultural awareness, knowledge, skills and principles of social justice practice.
- > Respect for human diversity, multicultural competence, social justice, client strengths and ethical responsibility.
- > The ability to help diverse sets of clients in a compassionate and effective manner within a variety of mental health service settings.

### **Who should enroll in this advanced certificate program?**

This program is best suited for those who want to advance their career and learn new skills that can be used to transform the lives of their clients. If you already have a counseling related master's degree, this advanced graduate certificate program will allow you to be eligible to take the New York State licensing exam in mental health counseling.

This degree type program is offered **ON CAMPUS** and **ONLINE**.

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#### QUESTIONS?

#### **Contact the Program Director:**

**Sabrina Musson**

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Buffalo, NY 14260-1000

**Email:** [sabrinam@buffalo.edu](mailto:sabrinam@buffalo.edu)

**A list of program and clinical experience requirements is available online:**

**[ed.buffalo.edu/mental-health/ac](http://ed.buffalo.edu/mental-health/ac)**



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